

Best Practices

Describe at least two institutional best practices

Practice 1:- Women and Health:-

The following are the goals.

- ❖ Increase the level of health knowledge.
- ❖ Address the gender imbalances.
- ❖ Increase access to health care.
- ❖ Discrimination against girl child in the Indian society to be curtailed.
- ❖ Demonstrate the three tenants of Menstrual Cycle Education, Service and Advocacy.

The context:-Being a Women's college the Principal Madam and faculty members carry out many activities related to women and health.

The practice:-

1. **Beti Bachao Beti Padhao:-**11th Oct., 2017 it's a government social scheme launched by the Prime Minister Narendra Modi. To boost this movement Dev Samaj College of Education organised Rangoli, Poster making, slogan writing competition. B.Ed. Students participated in these competitions in large numbers.
2. **Cultural Performances:-**12th Oct., 2017 on this day two cultural performance was given by the students by considering the theme on priority basis. One Act Play on the theme Female Foeticide, songs on daughters, Gurbani Shalok on importance of women was presented by Dr. Mrs Madhu Prashar (Secretary, DSCEW, Fzr)
3. **Presentation on Female Related Issues:-**13th Oct., 2017 effective PowerPoint presentation on the topic women's situation w.r.t present and past, Female health related problems was given by the students.
4. **Bulletin Board Decoration Competition:-**Bulletin Board Decoration competition was organised on 30th October, 2017 pursuing the theme "Women Empowerment" each class was assigned the sub theme under the main theme women empowerment.
5. **Awareness Lecture on Women Health & Hygiene:-** On 15th Dec., 2017 a lecture was delivered by Mrs Jyoti for creating awareness among the students about the women health and hygiene. The main focus of this lecture is on sanitary napkins and hygiene during Menstruation days.
6. **International Women's Day:-** on 8th March, 2018 international women day was celebrated with great enthusiasm. On this day 3500 girls from Dev Samaj College for Women and Dev Samaj College of Education participated in Mega Marathan organised by M.L.A parminder Singh Pinki. The main theme of this Marathon is to make Punjab "A Paradise for Women".
7. **Movie "Padman":-** on 21st Feb., 2018 college planned for students a Matinee show of the movie "Padman" by R. Balke. This was a movie with social message. This movie is a true story of Mr. Muruganatham known as the "Padman of India". The story is about procurement issues relating to sanitary pads and promotes menstrual hygiene.

Practice 2:- “Clean and Green” Our Perfect Dream:- The following are the goals.

- ❖ General sanitation, cleanliness and comfortable environment
- ❖ Developing courteous, reliable and congenial atmosphere.
- ❖ Adequate support of motivated staff.

The context:- in order to build a guide for planning a green cleaning all the faculty members and students organized many drives/activities with full zeal.

The practices:-

- 1. Swachh Bharat Abhiyan:** - 9th Sep., 2017 Goals-The main objective of the programme was to create awareness among the students regarding cleanliness and its benefits. Moreover focus of SBA. The importance of changing people’s attitude, mind-sets and behaviour as a central challenge in winning the battle on sanitation. In this context college provided liberty and freedom to all the faculty members to carry out this project.
- 2. Cleanliness Drive in the college:-** On 9th of September, 2017 college organized a cleanliness drive. In which students clean the college campus. A speech was given by Officiating Principal.
- 3. Rally on Swachh Bharat Abhiyan:-** An awareness rally was organised on SBA on 9th September 2017. Students and staff members participated in this march to create the awareness among the local people and to imbibe them in our day to day life.
- 4. World Ozone Day:-** 18th Sep., 2017 students of Dev Samaj College of Education for omen, Frozpur participated in the Oozy Fest organised in the Post Graduate Department of Science of Dev Samaj College. The fest consist of various creative events, Poster Making, Rangoli, Cartooning and Power Point Presentation and won 2nd Prize in Rangoli, 1st in Model Presentation, 2nd in Poster Making, 2nd in Cartooning. Themes were Green Chemistry, Environmental Hazards and Waste Management.
- 5. Poster Making Competition :-** A Poster Making Competition was arranged on 16th November, 2017. On the themes, Save Environment, Save Water, Save Earth. Students participated in this competition with full enthusiasm.